

Food and Equipment Packing List for Trips

Food
Water
Ice
Sunday
(B)
(L)
(D)
Monday
(B)
(L)
(D)
Tuesday
(B)
(L)
(D)
Wednesday
(B)
(L)
(D)
Thursday
(B)
(L)
(D)
Friday
(B)
(L)
(D)
Saturday
(B)
(L)
(D)
Meat: refrigerated, frozen, canned
Vegetables: frozen, canned, fresh
Fruit: frozen, canned, fresh, dried
Canned: Soups, stews, beans
Pre-made entrees
Breads, cereals, biscuit mix, muffin mix
Dry skim milk powder
Spices, canola/olive oil, non-stick spray
Nuts, white sugar, brown sugar
Peanut butter and jelly
Dairy products: yogurt, cheese, sour cream, cream cheese, eggs

Equipment:
Water jug
Ice cooler / ice chest
Ice maker
Plates (microwavable)
Bowls - eating, mixing
Utensils: eating (fork, spoon, knife)
Utensils: cooking
Knives - steak, paring
Cooking:
Inverter
Electric skillet and cord
Microwave oven
Jet Stream oven
Toaster oven
Crock pot
Grill: charcoal or gas
Cleaning:
Baby wipes
Dishwashing liquid
Dish cloths
Dish towels
Storage:
Mason jars
Snapware for ice chest
Sealable storage bags or container
Snacks:
Pretzels
Hard candy
Gallon of bottled water